**Estimating Weekly Study Hours**

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| **Guide** | | Course difficulty is influenced by your background  in the subject as well as personal skills and strengths. Use the course  difficulty guide and multiply class difficulty by study hours to find a rough  estimate of how many hours you should be studying a week. | | | | |
| **Course Difficulty** | **Study Hours** |
| high | 3 |
| medium | 2 | **Example Schedule** | | **x Multiply** | | |
| low | 1 | Courses | Difficulty Level  (high, med, or low) | Hours in  Class/ Week | Study Hours Based  on Difficulty | Needed  Study Hours  per Week |
| n/a (seminars,etc.) | 0 | PHYS 220 | high | 5 | **X** 3 | 15 |
|  |  | BIO 317 | med | 5 | **X** 2 | 10 |
|  |  | PSYCH101 | low | 5 | **X** 1 | 5 |
|  |  | Psych Seminar | n/a | 1 | **X** 0 | 0 |
|  |  |  |  | Total Study Hours per Week | | 30 |

|  |  |  |  |  |
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| **Your Schedule** | | | | |
| Courses | Difficulty Level  (high, med, or low) | Hours in  Class/ Week | Study Hours Based  on Difficulty | Needed  Study Hours  per Week |
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|  |  | Total Study Hours per Week | |  |