**Estimating Weekly Study Hours**

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| **Guide** | Course difficulty is influenced by your backgroundin the subject as well as personal skills and strengths. Use the coursedifficulty guide and multiply class difficulty by study hours to find a roughestimate of how many hours you should be studying a week. |
| **Course Difficulty** | **Study Hours** |
| high | 3 |
| medium | 2 | **Example Schedule** |  **x Multiply** |
| low | 1 | Courses | Difficulty Level(high, med, or low) | Hours inClass/ Week | Study Hours Basedon Difficulty | NeededStudy Hoursper Week |
| n/a (seminars,etc.) | 0 | PHYS 220 | high | 5 | **X** 3 | 15 |
|  |  | BIO 317 | med | 5 | **X** 2 | 10 |
|  |  | PSYCH101 | low | 5 | **X** 1 | 5 |
|  |  | Psych Seminar | n/a | 1 | **X** 0 | 0 |
|  |  |  |  | Total Study Hours per Week | 30 |

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| **Your Schedule** |
| Courses | Difficulty Level(high, med, or low) | Hours inClass/ Week | Study Hours Basedon Difficulty | NeededStudy Hoursper Week |
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|  |  | Total Study Hours per Week |  |